**HPAC Redsheet 2020 ADvising Form**

*Please complete this form ONLY if you plan on entering the current application cycle and return by 5:00pm EDT on Monday 16 November 2020 to Ms. Chelsea Emrick,* [*emrickc@lafayette.edu*](mailto:emrickc@lafayette.edu)

***You MUST attach a current draft of your CV formatted to meet HP Advising***

***A working draft of your Personal Information Form (PIF) may be included***

1. Your name: Your cell phone:

Your Academic Advisor: Your Gateway Career Counselor:

2. RedSheet 2020 targets students entering the current admissions cycle. Please list the HP Programs you attended to help prepare you for applying to health professional school:

3. Indicate your admissions test dates/scores (MCAT, DAT, GRE, OAT)

4. We ask each applicant to assess your profile preparedness honestly and holistically for these [core competencies](https://students-residents.aamc.org/applying-medical-school/preparing-med-school/anatomy-applicant/):

Service Orientation Ethical responsibility to self & others Critical thinking

Social skills Reliability and dependability Quantitative reasoning

Cultural Competence Resilience and adaptability Scientific inquiry

Teamwork Capacity for improvement Written communication

Oral communication

Please rate yourself and ***justify with comment*** on EACH aspect of your candidacy below:

**1 2 3 4 5**

needs considerable needs some satisfactory very good outstanding

improvement improvement

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | 1 | 2 | 3 | 4 | 5 |
| Academic preparation (overall GPA, science GPA, standardized test score, research) |  |  |  |  |  |
| Comments: | | | | | |
| Experience and knowledge of health care settings; direct patient interactions |  |  |  |  |  |
| Comments: | | | | | |
| Ways you demonstrate a commitment to helping others and serving your community |  |  |  |  |  |
| Comments: | | | | | |
| Strength of your letters of recommendation (3 academic and 2 non-academic letters) |  |  |  |  |  |
| Comments: | | | | | |

5. Please articulate any specific questions for which you are requesting answers from HP Advising: