HP PRE-APPLICATION MEETING

- 1. Study! Being a student is a full-time job! Maintain excellence! Don't settle for mediocrity! Seek to earn the best grade you can. And when you fall short, learn from it and grow from it!
- 2. Realize the application process is LONG: it starts with requesting Letters of Recommendation in November 2021, continues through the on-campus process in Spring 2022 to the CAS openings and primary application submission as soon as January 2022 for vet schools, ~May 2022 for dental, medical and others. Then come secondaries and interviews beginning in Fall 2022 to offers in Spring 2023 to matriculate August 2023! All told nearly TWENTY-ONE MONTHS! You have a LOT to complete...along with all of your other commitments. Be realistic.
- 3. Submit your GreenSheet form with this meeting **October 27**, **2021**. Be sure you provide significant insight, or we cannot provide meaningful advice. Follow it up with your HP CV, so that you can enroll in our special HP Advising GreenSheet sessions in the next 7 weeks.
- 4. Begin your Reflective Personal Statement/Essay, Personal Information Form and update your Curriculum Vita as soon as you can! Attack "WHY?" ... then use what you have DONE to SHOW evidence. Consider how what you have done was meaningful. What strengths have you honed? What weaknesses have you targeted? What makes you unique? Consider potential, promise and product.
- Recruit your Recommenders, preferably before the end of fall 2021 classes. You need 3 faculty members (2 must be science faculty) and 2 non-faculty supervisors. (Their SIGNED letters accompanied by COUNTER SIGNED forms must be submitted by March 1st 2022).
- 6. Do well in your fall courses. If possible seek additional experiences over winter 2021-2022. Also use that time to seek and apply for summer 2022 experiences—deadlines may be early with Covid!
- 7. Prepare for your application tests (MCAT, DAT, GRE, OAT, etc). AAMC is offering a FREE prep course for MCAT through 2026! Folks this is HUGE so check out this <u>link</u>. Explore Gateway Career Center for these <u>resources</u>. Use what works for you: develop your own structure, visit AAMC, consider credible online or commercial test prep (we cannot recommend but can list Princeton, Kaplan, ExamKrackers, TestMasters, AdaptPrep, NextStepTest Prep). Be aware: strong performance requires ~500 hours of study! PLAN for it!
- 8. First Forms Deadline: Submit to HP Advising your HP Waiver Form by **February 1st 2022**, either in a signed pdf or signed in hard copy—hand written or authorized electronic signature. You may be asked to meet with the HPA Team and Dean as needed (more information to come)!
- 9. Forms SUPER DEADLINE **March 1st 2022:** Letters of Recommendation, accompanied by rating form and cover sheet, PIF, CV, Reflective Personal Statement/Essay...the whole shebang! NOTE: This happens during the mid-term exam period so another hot-button heavy-action time for you as an applicant. Plan ahead.
- 10. Prepare for your HPAC On Campus Interview in March/April 2022.
- 11. Maintain your community service/extracurricular dedication throughout. Complete your spring semester with strong academic performance.

- 12. Plan to sit for your admissions exam when you have prepared yourself to score well (remember...500 hours!!). REMINDER: One Kaplan scholarship available! Apply to us NOW!). Aim for formal test completion in April, May, or June 2022 (~2 dozen test dates available annually) to optimize your chances ... but take it when you are ready to excel! Access FREE practice tests at CAS sites. More extensive practice tests can be purchased, if you wish. PRACTICE TESTS...MORE! And be flexible; Covid changed dates and locations for tests this round willy-nilly...and will likely do so again. Be resilient and forbearing.
- 13. Research the schools to which you will apply. Start with your Bellwether Schools. Get specifics. It is helpful if you have a preliminary list at your HPAC Interview, but submit your core list no later than May 1st 2022. You can add schools...but you cannot delete any.
- 14. Undergo your HPAC On Campus Interview. Debrief in accordance with directives. HPAC provides 5 categories for the Composite Letter of Evaluation (CLoE): Highest Recommend, High Recommend, Recommend with Reservation, Present for Consideration. This CLoE will be submitted along with all individual Letters of Recommendation on your behalf by us on or around July 5th 2022. NOTE: For some specialties, you must request a duplicate letter be uploaded by the recommender directly to the CAS. Let them know at the outset. Pay attention to specific directions. The devil is in those details!
- 15. Open your application at the CAS and use your PIF/CV to populate it. You get a month or so because it really does take that long to finish the application! Primary application submission opens to HP schools beginning in January 2022 for vet school, through May for others. Early matters! For any important experience to impact your portfolio, it must be **completed** by your date of submission! Stay focused! Finish projects!
- 16. Handle all of your TRANSCRIPT releases! This must be done my YOU! FERPA precludes us from managing transcripts. **NOTE:** This was a HUGE issue with Covid! Be aware! HPA will provide more guidance on this.
- 17. Submit! When your application is FULLY COMPLETE it will be verified (~ 3-6 weeks depending). THEN, the CAS notifies your schools that your file is available to be released to them. **Our CLoE goes up concurrently**.
- 18. Requests for 2° applications will then be extended to you. Complete them expeditiously—within a week! These take WORK and THOUGHT! Staggering applications to first a core set of schools and then adding a ring of more schools can help.
- 19. Calls for interviews will start in late July 2022. Earliest interviews get scheduled beginning late August 2022 and interviews continue to March 2023. Many schools will retain remote interviews.
- 20. Notifications for acceptances may be within 2 weeks or as long as 6 months after interview. Earliest date for acceptance is October 15th. Be your own best advocate! Update your application with meaningful accomplishments! Don't be a "1 'n' done"!
- 21. Be strategic! Have a back-up plan. Consider the gap year...to grow, to fill in your gaps. Evaluate critically professional Post-Bac programs, but have a plan! Develop a reapplication strategy!

This is a 21-month process with a 21-item checklist. Be prepared and ready to tackle ALL of this! HP Advising will be there to help you seek out important nuanced information. And if you decide at any time to defer, just alert us. You can reactivate up to 3 years post-Lafayette graduation! You are that important to us!